

# Spring 2021 Menus - Allergen Matrix

| Name of Dish  | Sulphites | Gluten | Fish | Molluscs | Crustacean | Milk | Lupin | Celery | Egg | Mustard | Nut | Peanut | Sesame | Soya |
|---|-----------|--------|------|----------|------------|------|-------|--------|-----|---------|-----|--------|--------|------|
| <b>Anytime, Anywhere &amp; Starters</b>   |           |        |      |          |            |      |       |        |     |         |     |        |        |      |
| Dirty fries <b>(The George)</b>   |           |        |      |          |            | YES  |       |        |     |         |     |        |        |      |
| Crispy squid, coriander, chilli, lime <b>(The George)</b>   | YES       | WHEAT  |      | YES      |            |      |       |        |     |         |     |        |        |      |
| Homemade soup of the day, toasted sourdough (v)   |           | WHEAT  |      |          |            | YES  |       |        |     |         |     |        |        |      |
| Peri-peri calamari, chorizo sausage, toasted ciabatta <b>(The George)</b>                               |           | WHEAT  |      | YES      |            |      |       |        |     |         |     |        |        |      |
| Roasted red pepper hummus, toasted pitta (v) <b>(The George)</b>  | YES       | WHEAT  |      |          |            |      |       |        |     |         |     |        |        |      |
| Barley floured devilled fresh whitebait, burnt lemon, tartare sauce                                     | YES       | BARLEY | YES  |          |            |      |       |        | YES |         |     |        |        |      |
| Pork & smoked cheese sausage roll, Colman's English mustard   | YES       | WHEAT  |      |          |            | YES  |       | YES    | YES | YES     |     |        | YES    |      |
| Pork belly bites, apple sauce   | YES       |        |      |          |            |      |       |        |     |         |     |        |        |      |
| Crispy pork Scotch egg, piccalilli  | YES       | WHEAT  |      |          |            | YES  |       | YES    | YES | YES     |     |        |        |      |
| Hippo hot wings, Chef Lee's hot sauce, Oxford blue cheese dip   | YES       |        |      |          |            | YES  |       |        |     |         |     |        |        |      |
| Cornish rope grown Mussels Mariniere, Bovril butter, sourdough bread                                    | YES       | WHEAT  |      | YES      |            | YES  |       |        |     |         |     |        |        |      |
| Oak smoked salmon, celeriac rémoulade, super green salad, capers, pumpkin seeds, beer pickled red onion | YES       | BARLEY | YES  |          |            |      |       |        | YES | YES     |     |        |        | YES  |
| Roasted red pepper hummus, BBQ corn, tenderstem, asparagus, radish, beetroot, pomegranate               |           |        |      |          |            |      |       | YES    |     | YES     |     |        |        |      |
| Baked "Ras el hanout" & beetroot falafels, maftoul & chickpea, tzatziki (v)                             |           | DURUM  |      |          |            |      |       | YES    |     | YES     |     |        |        |      |





| Name of Dish   | S<br>u<br>l<br>p<br>h<br>i<br>t<br>e<br>s | G<br>l<br>u<br>t<br>e<br>n | F<br>i<br>s<br>h | M<br>o<br>l<br>l<br>u<br>s<br>c | C<br>r<br>u<br>s<br>t<br>a<br>c<br>e<br>a<br>n | M<br>i<br>l<br>k | L<br>u<br>p<br>i<br>n | C<br>e<br>l<br>e<br>r<br>y | E<br>g<br>g | M<br>u<br>s<br>t<br>a<br>r<br>d | N<br>u<br>t | P<br>e<br>a<br>n<br>u<br>t | S<br>e<br>s<br>a<br>m<br>e | S<br>o<br>y<br>a |
|--|---|----------------------------|------------------|---------------------------------|--|------------------|-----------------------|----------------------------|-------------|---------------------------------|-------------|----------------------------|----------------------------|------------------|
| Parma  | YES                                       | WHEAT                      |                  |                                 |  | YES              |                       |                            |             |                                 |             |                            |                            |                  |
| Quattro Formaggio Blanco   | YES                                       | WHEAT                      |                  |                                 |  | YES              |                       |                            |             |                                 |             |                            |                            |                  |
| Garlic pizza bread   | YES                                       | WHEAT                      |                  |                                 |  | YES              |                       |                            |             |                                 |             |                            |                            |                  |
| Garlic & mozzarella pizza bread  | YES                                       | WHEAT                      |                  |                                 |  | YES              |                       |                            |             |                                 |             |                            |                            |                  |
| <b>Dips</b>  |   |                            |                  |                                 |  |                  |                       |                            |             |                                 |             |                            |                            |                  |
| Black truffle aioli  | YES                                       |                            |                  |                                 |  |                  |                       |                            | YES         |                                 |             |                            |                            |                  |
| Chef Lee's hot sauce   | YES                                       |                            |                  |                                 |  | YES              |                       |                            |             |                                 |             |                            |                            |                  |
| Garlic & chive mayo  |   |                            |                  |                                 |  |                  |                       |                            | YES         |                                 |             |                            |                            |                  |
| <b>Kids Menu</b>   |   |                            |                  |                                 |  |                  |                       |                            |             |                                 |             |                            |                            |                  |
| Vegetable sticks & hummus  | YES                                       |                            |                  |                                 |  |                  |                       |                            |             |                                 |             |                            |                            |                  |
| Soup of the day, bread & butter  |   | WHEAT                      |                  |                                 |  | YES              |                       |                            |             |                                 |             |                            |                            |                  |
| Hippo chicken wings & rubies ketchup   | YES                                       |                            |                  |                                 |  |                  |                       |                            |             |                                 |             |                            |                            |                  |
| Hippo house burger & chips   | YES                                       | WHEAT                      |                  |                                 |  | YES              |                       |                            |             | YES                             |             |                            |                            |                  |
| Sausages, mash, greens & gravy   |   | WHEAT                      |                  |                                 |  | YES              |                       | YES                        |             |                                 |             |                            |                            |                  |
| Fish and chips, peas   |   | WHEAT                      |                  |                                 |  |                  |                       |                            |             |                                 |             |                            |                            |                  |
| 'This ISNT Chicken' plant based goujons, chips & rubies ketchup  | YES                                       | WHEAT                      |                  |                                 |  |                  |                       | YES                        |             |                                 |             |                            |                            | YES              |
| Chocolate brownie, vanilla ice cream   |   | WHEAT                      |                  |                                 |  | YES              |                       |                            | YES         |                                 |             |                            |                            |                  |
| Kids Hippo-bocker glory  |   | WHEAT                      |                  |                                 |  | YES              |                       |                            | YES         |                                 |             |                            |                            |                  |
| Fruit salad and ice cream  |   |                            |                  |                                 |  | YES              |                       |                            | YES         |                                 |             |                            |                            |                  |
| <b>Sunday</b>  |   |                            |                  |                                 |  |                  |                       |                            |             |                                 |             |                            |                            |                  |
| Half roast chicken, roast carrot, onion, savoy cabbage, smoked cauliflower cheese gratin, roast potatoes, Yorkshire pudding, gravy | YES                                       | WHEAT                      |                  |                                 |  | YES              |                       | YES                        | YES         |                                 |             |                            |                            |                  |

